



ROADRUNNER

Founded 1968

Published by the Conejo Valley Audubon Society

A Chapter of the National Audubon Society

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NO. 10

CVAS Annual Picnic Sunday, June 1 --- Los Robles Trail



For the eighth year in a row, our CVAS Annual Picnic will be held at Los Robles Trail, located adjacent to the original Janss' House in Thousand Oaks. This beautiful location provides ample areas of both shade and sun. Go south on Moorpark Road to the end, approximately one mile south of the 101 freeway. Turn right on Greenmeadow Ave and proceed approximately one mile to the parking lot at the end of Greenmeadow. Carpooling is encouraged as there is limited parking.

There will be a potluck picnic at 10:30 am. Please bring these food items to share for eight. If your name begins with:

A to I bring a Dessert

J to K bring a Salad

R to Z bring a Main Dish

Please bring your own table service, drinks and chairs. Come early and join the pre-picnic birdwalk which starts at 8:00 am.

Solution to Lead Poisoning of Wildlife on the Horizon *by Carol Langford*



Recognizing the dangers of lead to our wildlife and environment, Audubon in California championed the passage of AB 711 last year. This bill, banning the use of lead ammunition for most use throughout California on or before January 2019 is now a part of the California Fish and Game Code Section 3004.5(i). Per the law this ban can be "phased-in" any time before January 2019, but must be in effect as of January 2019. The California Department of Fish and Wildlife (CDFW) is seeking public input regarding development of the "phase-in" regulations for use of non-lead ammunition as required by the new law.

The first draft regulations proposed some use of non-lead ammunition in 2015 and 2016, with no further implementation until 2019. The best option for our environment and

(continued on page 2)

CALENDAR

June

- | | | |
|---|----------|------------------------------|
| 1 | 8:00 am | (Pre-Picnic) Birdwalk |
| 1 | 10:30 am | Annual Picnic at Janss House |

Fall Schedule

The annual picnic will be our last meeting for this season. We will resume our regular monthly meetings at the Western Foundation on Monday, September 8th. The first program of next season will be our traditional "Show and Tell"

Have a safe and happy summer!

Solution to Lead Poisoning *(continued)*

wildlife is full implementation of the law in 2015. It is understandable that a regulation that is “least disruptive” to hunters as stated by Gov. Brown in this signing comments could be full implementation of the law in 2016. Please write your public comment **before August 1, 2014** by emailing wildlifemgt@wildlife.ca.gov using “Non-lead Implementation” in the subject line.

If you prefer, send your letter to CDFW, Wildlife Branch, Attn: Non-Lead Implementation, 1812 9th Street, Sacramento, CA 95811

Write now! Help restore the iconic California Condor to the wild blue skies of California. You are a part of the Solution to the long-standing problem of Lead Poisoning!

Sunday, June 1st Birdwalk & Annual Picnic

Held at the old Janss’ House in Thousand Oaks. Go to the south end of Moorpark Road, turn right on Greenmeadow and then proceed approximately one mile to the parking lot at the end of Greenmeadow. The birdwalk will be at 8:00 am.

Conservation Column *by Dee Lyon*

California native plants are essential for native birds. The Chumash knew of all kinds of remedies for human ailments using our native plants. I list a few from Chumash Ethnobotany by Jan Timbrook:

- 1) Mugwort was used as a remedy for poison oak. Rubbing the crushed leaves directly on the skin was reported to cure it after three or four applications.
- 2) The Soap Plant was aptly named. The fleshy core of the bulb was crushed and mixed with water to create suds for washing clothing and hair.
- 3) Rattlesnake Weed was used as a poultice and was highly regarded as a remedy for rattlesnake bite.
- 4) Yerba Santa leaves were boiled and the tea drunk for colds, chest pain, cough and fever.
- 5) Toyon was used to make bowls, drinking cups, walking sticks, war clubs and cradle frames. It was a major food.

- 6) Coffeeberry leaves were rubbed on the skin as a remedy for rheumatism.
- 7) Chia gruel was said to be a beneficial treatment for dysentery, hemorrhoids and inflammation of the stomach and bowels.
- 8) California Goldenrod was taken as a drink for coughs.
- 9) California Bay leaves were boiled into a strong tea and drunk for colds. A headache remedy was made with them.

Chrystal’s Bird Habitat Sign

Chrystal Klabunde, our Graphic Arts chair, created the beautiful sign for the Conejo Valley Botanical Garden shown in the pictures below:



Photos Below by Jean Kohut



American Wigeon



A Hummer in my Fountain



Western Gull



Cattle Egret by Don Klabunde



White-tailed Kite by Don Klabunde

Message from the Editor

The editor would appreciate any articles of interest, photographs or field trip reports from members. Send them to GaryE@ConejoValleyAudubon.org by the 5th of the month. I prefer them in electronic form with articles in plain text or rich text format (RTF) and pictures in jpeg format.

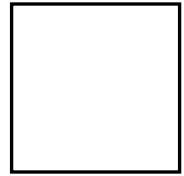
ROADRUNNER

Conejo Valley Audubon Society, Inc.

P.O. Box 4782

Thousand Oaks, CA 91359

June, 2014



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President	Ron Barns	818-991-9967	president
Vice Pres	Bonnie Clarfield-Bylin	805-405-5632	vice-president
Secretary	Gary Evans	805-231-5692	GaryE
Treasurer	Richard Armerding		treasurer
Programs	Cia DeMartino		programs
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Conservation	Dee Lyon	805-499-2165	chickadee
Education	Thelma Williams	805-492-2796	thelma
Field trips	Matthew Page	805-990-6534	Fieldtrips
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Webmaster	Frank DeMartino		webmaster
CVAS Web Site	http://www.ConejoValleyAudubon.org		
Send E-mail to	username@ConejoValleyAudubon.org		

**Volunteer Needed**

Please contact the board if you would like to serve in the open position of membership chair.k

Regular meetings are held on the first Monday evening of each month at the Western Foundation of Vertebrate Zoology, 439 Calle San Pablo, Camarillo at 7:30 pm, unless otherwise noted. **Everyone is welcome.** Take Pleasant Valley Road or Lewis Road to where they cross south of the 101 Freeway. Go west to the second street, Calle San Pablo. Turn right. The Foundation is the fifth building on the left.

The Western Foundation of Vertebrate Zoology is a non-profit organization founded in 1956 to promote the study and conservation of birds and other vertebrates. The organization makes contributions in the areas of natural history collections, original research, and conservation.

The *Roadrunner* is published monthly except July and August by the Conejo Valley Audubon Society. It is sent to paid CVAS members only. Members are invited to submit articles, announcements, letters, photos and drawings for publication consideration. Copy deadline is the 5th of the month. Send items to Gary Evans, 29 Sabra Ave., Oak Park, CA 91377, or by E-mail: GaryE@ConejoValleyAudubon.org.

NATIONAL AUDUBON SOCIETY MEMBERSHIP APPLICATION**C4ZC230Z**

Please enroll me as a member of the National Audubon Society. I have enclosed \$20 (\$15 for seniors and students), payable to **National Audubon Society**, for an introductory membership.

Mail it to: National Audubon Society, P. O. Box 422250, Palm Coast, FL 32142-2250

Renewing memberships should be sent to National Audubon with the renewal form and envelope you receive.

For questions regarding national membership status call: National Audubon Customer Service 1-800-274-4201

Name _____

Address _____

City _____ State _____ Zip _____

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CONEJO VALLEY AUDUBON SOCIETY MEMBERSHIP APPLICATION

Please enroll me as a member of Conejo Valley Audubon Society. I have enclosed \$20 for a family membership.

Additional Gift: _____\$25.00 _____\$50.00 _____\$75.00 _____\$100.00 \$_____Other

Membership \$_____ Donation \$_____ Total (check payable to CVAS) \$_____

Mail to: CVAS, P.O. Box 4782, Thousand Oaks, CA 91359 ☐ **Check box to receive newsletter by mail.**

Name _____ **Otherwise newsletter will come by email.**

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail address _____